

THE GRACE ALLIANCE

Christ-centered solutions to restore your mental health

The Grace Alliance cultivates an innovative experience integrating science and your faith in Christ to renew your mental and emotional health.

**FOR
YOU**

Bible study workbooks with practical tools & more

Uniquely designed to reduce symptoms caused by mental and emotional challenges, increase well-being, and renew faith (*adult & student versions available).

**FOR
YOUR
FAMILY**

A Bible study workbook for families & marriages

Resources to empower families and spouses supporting a loved one through mental and emotional challenges through insights and tools to improve the quality of life for your whole family.

**FOR
YOUR
CHURCH**

Free resources and strategy for church leaders

We know church leaders care deeply about mental and emotional health challenges ... sometimes, knowing how to put it all together can be overwhelming. The Grace Alliance helps you discover a simple strategy that works!



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www.mentalhealthgracealliance.org

